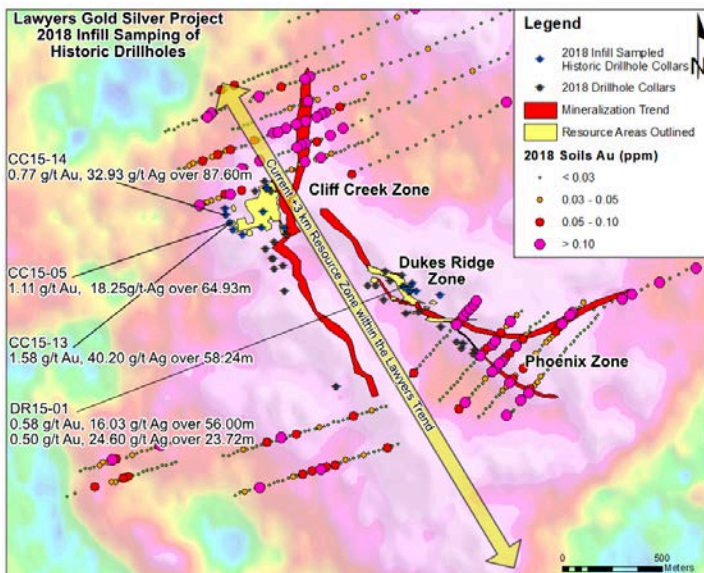


BENCHMARK REPORTS LONG DRILL INTERCEPTS AND OPEN RESOURCE POTENTIAL FROM SURFACE ON STRIKE, IN WIDTH AND AT DEPTH ALONG THE LAWYERS TREND

Edmonton – April 10, 2019 – Benchmark Metals Inc. (the "Company" or "Benchmark") (TSX-V: BNCH) (OTCQB: CYRTF) (WKN: A2JM2X) – is pleased to report additional assay results from its historical drill-hole infill sampling program. Drill-hole CC15-13 assayed 1.58 g/t gold and 40.20 g/t silver across 58.24m with sampling ending in mineralization, while drill-hole CC15-14 assayed 0.77 g/t gold and 32.93g/t silver across 87.60m (including historic and new assays), further expanding the resource potential and leaving it open at depth (See Figure 1 below). Lawyers is located in the Toodogone Mineral District, on the eastern extent of the prolific Stikine Terrane that hosts the Golden Triangle region of British Columbia, Canada.

CEO John Williamson commented, “Successful first-time sampling of unpublished historic drill-holes has generated more bulk-tonnage and high-grade gold and silver drill intercepts. The drill-holes show the resource potential at Cliff Creek and Dukes Ridge extends from surface and remains open on strike, in width and at depth along the Lawyers Trend. We continue to identify widespread gold and silver in parallel zones as well as around the main high grade zones that may be characteristic of a bulk tonnage deposit. All new assay results from the 2018 program will significantly impact the resource potential and provide targets for expansion in the 2019 drill program.”

Figure 1: Plan Map of the Lawyers Trend with currently defined mineralized envelopes and modern in-fill sampling results



Cliff Creek and Dukes Ridge Zone Results

The Cliff Creek and Dukes Ridge mineralized zones are comprised of a network of quartz veinlets and localized hydrothermal quartz breccias within strongly silicified and potassically altered andesite host rocks. Sampling of unreported historical holes at these zones has extended the gold and silver mineralization at depth and in width, providing new data to expand the published maiden mineral resource estimate (See Figure 2 below). Within the mineral resource area, more extensive sampling has identified continuous near-surface bulk tonnage type mineralization, which remains open as it widens at depth. In several of the historic drill holes, the sampling or drill hole ends in mineralization, highlighting the potential to keep expanding the mineralized zones (See Figure 3 below).

Selected Infill and Step-out Drill Results

CC15-05	From 208.24m to 273.17m	1.11 g/t Au	18.25 g/t Ag	64.93m interval
	From 278.05m to 279.24m	7.10 g/t Au	201.00 g/t Ag	1.19m interval
CC15-10	From 83.00m to 98.45m	2.95 g/t Au	110.93 g/t Ag	15.45m interval
	From 100.58m to 118.26m	1.66 g/t Au	36.97 g/t Ag	17.68m interval
CC15-13	From 240.65m to 298.89m	1.58 g/t Au	40.20 g/t Ag	58.24m interval*
	*Includes 280.71m to 282.93m	9.45 g/t Au	207.60 g/t Ag	1.22m interval
	From 306.80m to 309.16m	1.02 g/t Au	11.93 g/t Ag	2.36m interval
CC15-14	From 215.00m to 302.60m	0.77 g/t Au	32.93 g/t Ag	87.60m interval
DR15-01	From 50.00m to 106.00m	0.58 g/t Au	16.03 g/t Ag	56.00m interval
	From 111.00m to 134.72m	0.50 g/t Au	24.60 g/t Ag	23.72m interval

Figure 2: Long section showing the Lawyers Trend with currently defined mineralized envelopes and modern in-fill sampling results

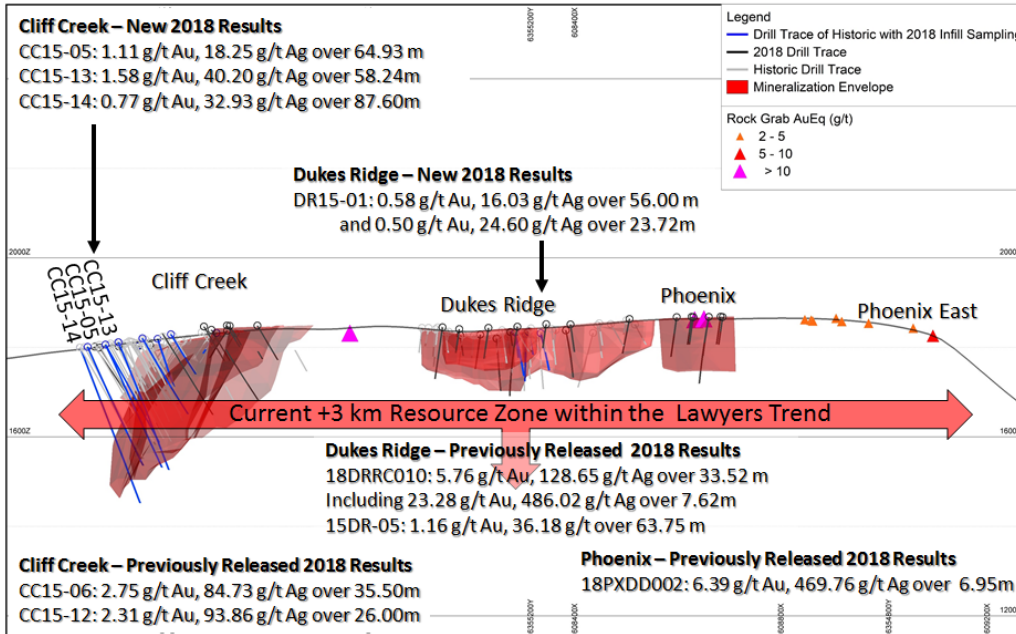
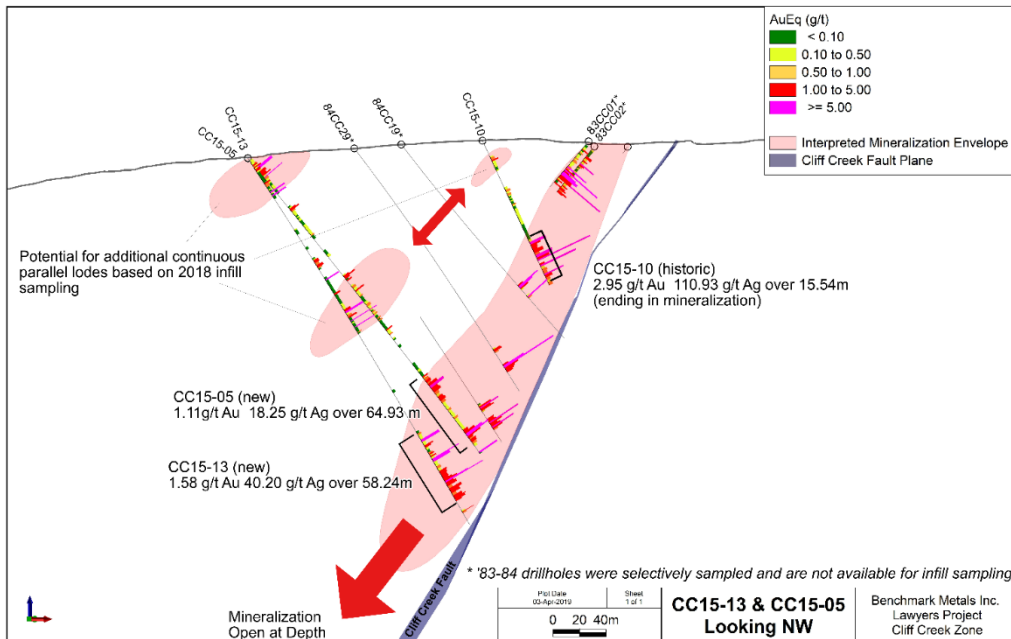


Figure 3: Cross section showing broad, bulk tonnage mineralization with narrower high-grade results and additional parallel lodes



The technical content of this news release has been reviewed and approved by Michael Dufresne, M.Sc., P.Geol., P.Geo., a qualified person as defined by National Instrument 43-101.

About Benchmark Metals Inc.

Benchmark is a Canadian mineral exploration company with its common shares listed for trading on the TSX Venture Exchange in Canada, the OTCQB Venture Market in the United States and the Tradedate Exchange in Europe. Benchmark is managed by proven resource sector professionals, who have a track record of advancing exploration projects from grassroots scenarios through to production.

ON BEHALF OF THE BOARD OF DIRECTORS

s/ "John Williamson"

John Williamson, Chief Executive Officer

For further information, please contact:

Jim Greig, President

jimg@BNCHmetals.com

Tel: (604) 260-6977

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

This news release may contain certain "forward looking statements". Forward-looking statements involve known and unknown risks, uncertainties, assumptions and other factors that may cause the actual results, performance or achievements of the Company to be materially different from any future results, performance or achievements expressed or implied by the forward-looking statements. Any forward-looking statement speaks only as of the date of this news release and, except as may be required by applicable securities laws, the Company disclaims any intent or obligation to update any forward-looking statement, whether as a result of new information, future events or results or otherwise.