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## SELECTED GRAB SAMPLES RETURN 220g/t GOLD AND +10,000g/t SILVER (341g/t AuEq) IN THE GOLDEN TRIANGLE

**Edmonton – September 13, 2018 – Benchmark Metals Inc.** (the “Company” or “Benchmark”) (TSX-V: BNCH) (OTCQB: CYRTD) (GER: A2JM2X) (FKT: A7CA) – is pleased to announce additional assays for large mineralized surface showings with high-grade rock sample results at the Lawyers Gold & Silver Project, located in the Golden Triangle region of British Columbia, Canada. Selected samples are not representative of the mineralization hosted on the property.

CEO John Williamson commented, “*Bonanza gold and silver results across two new zones represent tremendous expansion opportunities at the Lawyers Project. Selected samples return gold results at 220g/t and 160g/t gold with silver at +10,000g/t and 1,440g/t clearly demonstrates the potential at zones that extend across hundreds of meters. We anticipate more exciting geochemistry results before drilling begins to test target areas and to extend the existing resource at the Cliff Creek occurrence.*”

### Lawyers Rock Sample Results

Geochemical rock sample results have been received from outcrop and subcrop from the Lawyers Property and formerly producing Cheni Gold and Silver Mine. The Project is located 45 km northwest of the Kemess Gold and Copper Mine. Selected high-grade results from rock grab samples include:

- 340.83 g/t AuEq - 220 g/t gold and +10,000 g/t silver (Phoenix occurrence);
- 177.5 g/t AuEq - 160 g/t gold and 1,440 g/t silver (Phoenix occurrence);
- 87.99g/t AuEq - 23.1 g/t gold and 5,370 g/t silver (AGB occurrence);
- 23.18 g/t AuEq - 22.2 g/t gold and 80.9 g/t silver (AGB occurrence);
- 18.44 g/t AuEq -17.7 g/t gold and 61.6 g/t silver (AGB occurrence); and
- 19.73 g/t AuEq -16.2 g/t gold and 107 g/t silver (AGB occurrence).

Gold equivalent numbers are calculated using \$1,200 Au/oz and \$14.50 Ag/oz.

Figure 1 below illustrates the location of selected high-grade rock results. Benchmark continues exploration efforts with a focus to define new zones and further develop the maiden gold and silver resource announced on [June 14, 2018](#).

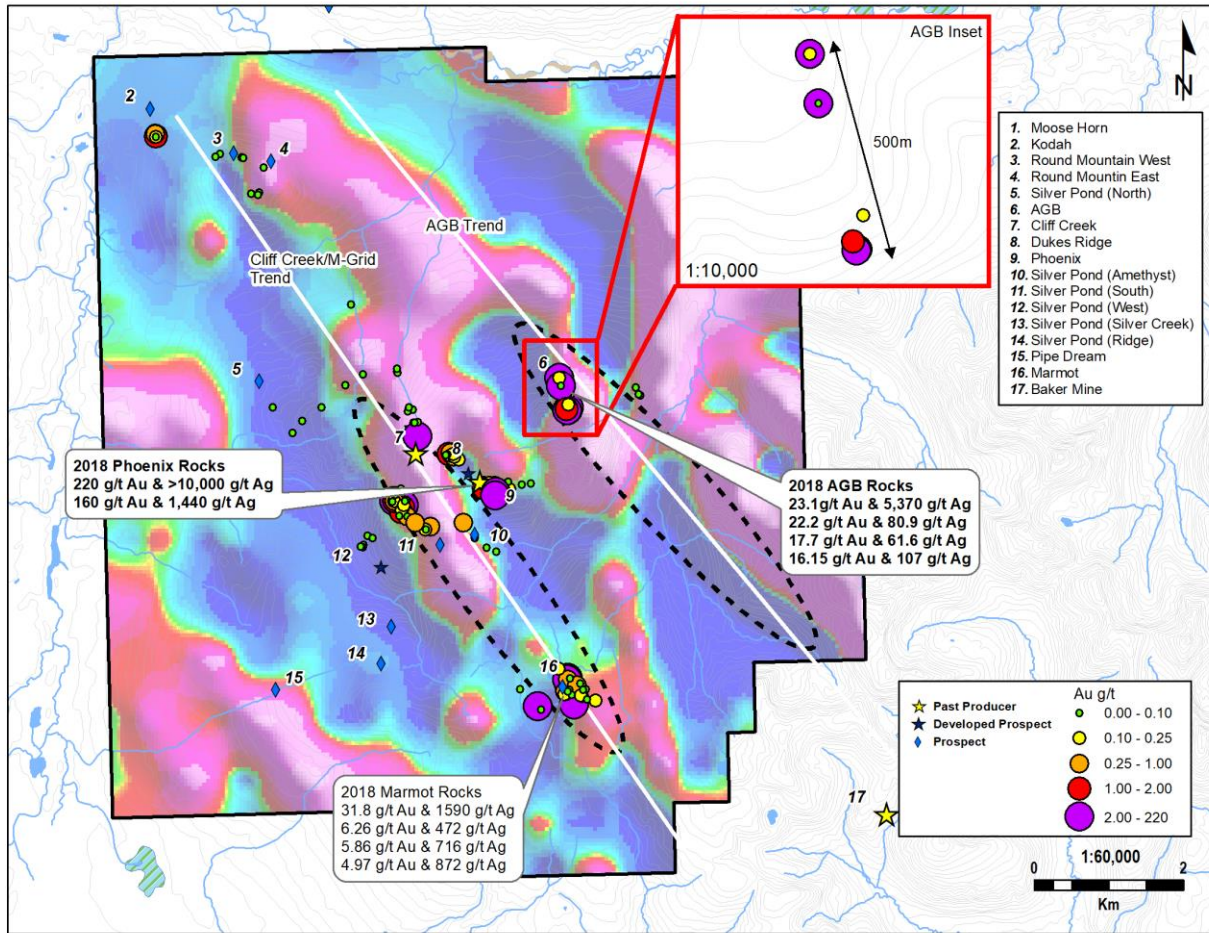


Figure 1 – Anomalous Gold & Silver over Magnetics

The technical content of this news release has been reviewed and approved by Michael Dufresne, M.S.c, P.Geol., P.Geo., a qualified person as defined by National Instrument 43-101.

### Quality Assurance and Control

Results from samples was analyzed at ALS Global Laboratories (Geochemistry Division) in Vancouver, Canada (an ISO 9001:2008 accredited facility). The sampling program was undertaken by Company personnel under the direction of Rob L’Heureux, P.Geol. A secure chain of custody is maintained in transporting and storing of all samples. Gold was assayed using a fire assay with atomic emission spectrometry and gravimetric finish when required (+10g/t Au). Analysis by four acid digestion with 48 element ICP-MS analysis was conducted on all samples with silver and base metal overlimits re-analyzed by atomic absorption or emission spectrometry. Rock chip samples

from outcrop/bedrock are selective by nature and they may not be representative of the mineralization hosted on the project.

#### **About Benchmark Metals Inc.**

Benchmark is a Canadian mineral exploration company with its common shares listed for trading on the TSX Venture Exchange in Canada, the OTCQB Venture Market in the United States and the German Stock Exchanges in Europe. Benchmark is managed by proven resource sector professionals, who have a track record of advancing exploration projects from grassroots scenarios through to production.

ON BEHALF OF THE BOARD OF DIRECTORS

*s/ "John Williamson"*

**John Williamson**, Chief Executive Officer

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